

ACCESS TO PERMANENT RESIDENCE

Presented by the Bureau de la vie étudiante

Agenda

- Permanent Immigration to Quebec
- The Quebec Selection Certificate (CSQ)
 - The Skilled Worker Selection Program
- Applying for permanent residence in Québec
- Permanent Residency Outside Quebec
- Immigration procedures to be undertaken at the end of your studies
- Question Period

Permanent Immigration to Quebec

Two steps:


1. Certificat de sélection du Québec (CSQ) - MIFI

The Government of Québec is responsible for selecting candidates destined for its territory.

2. Permanent Residence - IRCC

[Quebec-Selected Skilled Worker Regular Program](#)

The Government of Canada is responsible for the admission of all immigrants to its territory.

 The process of obtaining a post-graduation work permit and the application for permanent residence are **2 separate procedures**. Applying for and obtaining a CSQ and applying for permanent residence do not confer legal status in Canada.

THE QUEBEC SELECTION CERTIFICATE - (CSQ)

Quebec Selection Certificate (CSQ)

Programs available for skilled workers:

Skilled Worker Selection Program (PSTQ)

The invitations began in July 2025 and are primarily aimed at people already living in Quebec. They mainly favour those who have work experience or studies outside the Communauté métropolitaine de Montréal, who speak French and who work in a profession that is experiencing a labour shortage.

SKILLED WORKER SELECTION PROGRAM(PSTQ)

Two-step process

Fill out an expression of interest in the ARRIMA platform



If you are selected, you will receive an invitation to submit an Application for Permanent Selection (CSQ):



Accept the invitation (within 30 days)

Submit supporting documents (within 60 days or one year if you are selected through stream 3 – regulated profession)

Expression of Interest

- You must submit an [expression of interest](#) in Arrima (free, updates possible, remains valid for one year)
- Your profile will be ranked according to a [scoring system](#) based on various criteria chosen by the government, including main occupation, knowledge of French, level of education, Quebec diploma, stay in Quebec, age, work experience gained over the last 5 years, [validated job offer](#), characteristics of spouse, etc.
- Warning: everything you declare must be true and demonstrable.
- For more information on the expression of interest: [Help Capsules](#)
- [MIFI Customer Service](#)

Expression of Interest

Four components, depending on the main occupation declared:

Stream 1 - High Qualification and Specialized Skills (TEER 0,1,2)

Stream 2 - Intermediate and Manual Skills (TEER 3,4,5)

Stream 3 - Regulated Professions

Stream 4 - Exceptional Talent

Main occupation: Must be acquired during the five years preceding the date of submission of the CSQ application, in Quebec, Canada or elsewhere. The person does not have to be employed or have held his or her last job in his or her main occupation at the time of submitting his or her application for permanent selection.

You must identify this occupation in the [National Occupational Classification \(NOC\)](#) to find out its TEER category (education, experience and responsibilities) and to know [which stream is for you](#).



National Occupational Classification (NOC)

- The [National Occupational Classification \(NOC\)](#) is the national system that categorizes all professional activities in Canada.
- NOC 2021 uses 5-digit codes and TEER (education, education, experience and responsibilities) categories numbered 0 to 5. The first digit of the NOC code normally identifies the [broad occupational group](#)
- The TEER categories are as follows (2nd digit of the NOC code):

TEER 0 - Management Occupations

TEER 1 - Usually requires a university education
TEER 2 - Usually requires a college diploma or apprenticeship program of 2 years or more, or includes supervisory responsibilities

TEER 3 - Usually requires a college diploma, an apprenticeship program of 2 years or less, or more than 6 months of on-the-job training

TEER 4 - Usually requires a high school diploma or several weeks of on-the-job training

TEER 5 - Usually requires on-the-job training and no specific educational requirements

[Find NOC](#)

[Contact the NOC Team](#)

NOC - Examples

TEER	NOC CODE	TITLE
TEER 0	60030	Restaurant and food service managers
TEER 1	41201	Post-secondary teaching and research assistants
	41200	Professor, lecturer, postdoctoral fellow
TEER 2	12200	Accounting and bookkeepers
TEER 3	33102	Nurse aides, orderlies and patient service associates
TEER 4	64400	Customer Service Representatives - financial institutions (Bank Teller)
TEER 5	65310	Light duty cleaners

Requirements Stream 1 - High Qualification and Specialized Skills

Main occupation	TEER Category 0, 1 or 2
Work Experience	As an employee. In the main occupation of at least one year (1560 hours) within the last 5 years. The internship (paid or unpaid), which is mandatory as part of your studies, is recognized for up to three months provided that you have a work permit for a co-op internship
Schooling	Quebec diploma: obtained before submitting the application of at least 30 credits if university Outside Quebec: post-secondary diploma obtained before submitting the application for at least one year full-time (no need to apply for a comparative evaluation from MIFI)
Knowledge of French	Principal applicant: level 7 or higher for oral skills, level 5 or higher for written skills Spouse: level 4 or higher for oral skills See French languages tests and diplomas

Requirements Stream 2 - Intermediate and Manual Skills

Main occupation	TEER Category 3, 4 or 5
Work Experience	As an employee. In the main occupation of at least two years in the last 5 years, including at least 1 year in Quebec . Clarification experience outside Quebec: in an occupation in the same broad occupational category (1st digit of the NOC).
Schooling	Quebec diploma: obtained before applying: 600 hours if high school or 900 hours if college-level Outside Quebec: diploma equivalent to a DES or equivalent to one year of professional or college studies (no need to apply for a comparative evaluation from the MIFI)
Knowledge of French	Principal applicant: level 5 or higher for oral skills Spouse: level 4 or higher for oral skills See French languages tests and diplomas

Calculation of hours worked

To calculate 1560 hours, you have to count the number of weeks you worked 30 hours or more. Then multiply that number of weeks by 30.

For the weeks you worked under 30h, you need to count the total number of hours worked.

Then add the two numbers.

Important to remember: Hours in excess of 30 hours per week are not counted.

In Arrima you must declare the average worked for each job.

Examples of Calculation:

- 30 weeks at 30 hours or more = 900 hours

- 30 weeks at 24 hours/week = 720 hours.

Total: 1620h

Average: 27h (1620h/60 weeks)

Requirements Stream 3 - Regulated Professions

Main occupation	Listed on the Ministry's List of Regulated Professions (PDF) . No work experience required
Authorization to practise in Québec	Partial or complete, see Table of accepted documents issued by a regulatory authority in Quebec
Knowledge of French	<p>Principal applicant: If your main occupation is TEER 0, 1 or 2: level 7 or higher production and listening comprehension, level 5 or higher production and reading comprehension</p> <p>If your main occupation is in TEER category 3, 4 or 5: level 5 or higher production and listening comprehension</p> <p>Spouse: level 4 or higher production and listening comprehension</p> <p>See French languages tests and diplomas</p>

Requirements Stream 4 - Exceptional Talent

Profession principale	Expertise exceptionnelle susceptible de contribuer à la prospérité du Québec
Achievements (some examples in the "Research" section)	Hold one of the following types of research chairs: <ul style="list-style-type: none">• Canada Excellence Chair;• Canada Research Chair;• United Nations Educational, Scientific and Cultural Organization Research Chair (UNESCO);• Chair in Institutional Research;• Ministerial Research Chair.
4 targeted areas	Opinions of MIFI partners Strategic economic sectors Research Arts and culture Sport
Work Experience	At least 3 years in the last 5 years

How to apply

Two situations are possible

First option - If you have accepted an invitation in Stream 1, 2, 4 or Stream 3 with proof of credential, you have 60 days to submit your application, attach the required documents and pay the fee.

Option Two - If you do not have proof of recognition of skills (Stream 3): you have 1 year to submit your application, attach the documents and pay the fees. This period allows the completion of the procedures with the regulatory authority in Quebec.

[Invitations in Arrima for the Programme de sélection des travailleurs qualifiés \(Skilled Worker Selection Program\) \(2026\)](#)

How to apply

Processing fee

In force since January 1, 2026. They are subject to change without notice. Must be paid by credit card online on the Arrima platform at the time of application.

\$940 Principal Applicant

\$201 partner and each dependent child

List of required document: [MIFI-Submitting a CSQ application](#)

All documents must be scanned in color. They must be legible, complete, accurate, in the required format, written in French or English (otherwise accompanied by a certified translation)

French tests and diplomas

Here are the French tests and diplomas accepted by the Ministry:

- [Test de connaissance du français pour le Québec](#) (TCF-Québec) from France Éducation international
- [Test de connaissance du français pour le Canada](#) (TCF-Canada) from France Éducation international*
- [Test de connaissance du français](#) (TCF) from France Éducation international
- [Diplôme approfondi de langue française](#) (DALF) from France Éducation international
- [Diplôme d'études en langue française](#) (DELFL) from France Éducation international
- [Test d'évaluation du français adapté pour le Québec](#) (TEFAQ) of the Chamber of Commerce and Industry of Paris Île-de-France (CCIP-IDF)
- [Test d'évaluation du français pour le Canada](#) (TEF Canada) from CCIP-IDF*
- [Test d'évaluation du français](#) (TEF) from CCIP-IDF.

To find out which level of the [Échelle québécoise des niveaux de compétence en français](#) your result corresponds to, refer to the [results correspondence tables](#).

French tests and diplomas

Here are the high school diplomas accepted by the Ministry for knowledge of oral and written French:

General, vocational and technological baccalaureates issued by the Ministry of National Education of France;

The certificate of upper secondary education (CESS) issued by the Government of the French Community of Belgium;

The baccalaureate certificate issued at the end of studies in a school located in a French-speaking canton of French-speaking Switzerland.

Here are the documents provided by a professional order accepted by the Ministry for knowledge of oral and written French (accepted only in Stream 3: Regulated professions)

A regular permit to practice from a professional order in Québec that is valid or expired for two years or less;

A certificate that proves that you have passed the French exam of the Office québécois de la langue française for professional orders two years or less old.

General Requirements

Age	At least 18 years of age
Eligible employment (salaried employee)	<p>Intend to settle in Quebec to take up paid employment for an enterprise located in Quebec, excluding employment as a self-employed person or owner or employment in an ineligible sector</p> <p>A skilled worker is a foreign national at least 18 years of age who settles in Québec to hold employment that the foreign national <u>is likely able to hold</u>.</p>
Ineligible sectors of employment	<p>Payday loans, cheque cashing or pawn loans;</p> <p>Production, distribution or sale of pornographic or sexually explicit products or services related to the sex industry such as nude or erotic dancing, escort services or erotic massages.</p> <p>Note: A job is in an ineligible sector when the employer operates a business in that sector, whether or not that employment contributes to it.</p>

General Requirements - Continuation

Attestation of learning of democratic and Quebec values	<ul style="list-style-type: none">• Online assessment OR <ul style="list-style-type: none">• Objective Integration Information Session(offered, among others, to Option-travail and the Centre R.I.R.E. 2000).
Financial autonomy	<p>You must commit to providing for your basic needs and those of your family members included in your application for a minimum period of three months from the date you obtain permanent resident status Scales in effect from January 1 to December 31, 2026</p> <p>Note that you do not have to send financial proof, you have to fill out and sign the financial autonomy contract</p>
Compliance with conditions	<p>You must comply with any conditions of return to your country imposed by a scholarship to study in Québec, if applicable.</p>

APPLYING FOR PERMANENT RESIDENCE IN QUEBEC

Application for permanent residence

- Choosing the **Quebec-Selected Skilled Worker Program**
- Online application. You can find the information and the application package on this [IRCC website](#).
- Within 4 to 8 months of submitting your application, you will receive a confirmation of receipt with your file number and instructions on how to contact the IRCC office processing your application.*
- Once your application is received by IRCC, notify them of any changes: contact information, marital status (marriage, divorce, etc.), birth of a child outside Canada

** Once you have received the Completeness check with the application number, you are eligible for a two years Open Work Permit.*

Application for permanent residence

- You and your family members (children, spouse), whether or not they are accompanying you, must undergo a medical examination. Specific medical instructions will be sent to you by IRCC. You may not need to do this if you have taken an exam in the last five years, due to a temporary IRCC policy
- You must present a valid [police certificate](#) or criminal record check for each country, other than Canada, in which you or your family members have resided for 6 consecutive months or more since the age of 18.
- Biometrics are mandatory, even if you have already provided it. Instructions on these will be sent to you after you open your file.
- [Processing times](#): Economic Class – Quebec Skilled Worker

Application for permanent residence

Processing fee, to be paid as soon as you submit your request (effective April 2026):

- Principal applicant: \$990, spouse: \$990, each dependent child: \$270
- Biometrics Fee: \$85 for applicants 14+

Right of Permanent Residence Fee if your application is accepted*

- Principal applicant and their spouse: \$600 per person. Children are exempted.

**Can be paid at time of application and refunded if refused.*

PERMANENT RESIDENCY OUTSIDE QUEBEC

Permanent Residency Outside Quebec

Express Entry:

Is an online system that the federal government uses to manage immigration applications from skilled workers. **You must plan to reside outside the province of Quebec. You must have moved before you get your final approval. If you receive an invitation, plan to move as soon as possible.**

Three immigration programs are managed under Express Entry:

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- **Canadian Experience Class:** for skilled workers who have [Canadian work experience](#) and wish to become permanent residents.
- **Federal Skilled Worker Program:** for skilled workers who have [eligible](#) foreign or Canadian work experience
- **Federal Skilled Trades Program:** for skilled workers in [skilled trades](#) (construction, transportation, manufacturing and industrial production, natural resources and agriculture)

Permanent Residency Outside Quebec

To create a profile in the system, you must first have with you:

- The results of a [recognized language test](#)
- If you do not yet have your degree from Université Laval, [the recognition of your diploma obtained abroad](#)
- Have evidence confirming that you have at least [one year of skilled employment in the last 10 years](#) (TEER 0,1,2 and 3) in your main occupation
- Have an [adequate amount of cash](#) to support yourself and all members of your family

Permanent Residency Outside Quebec

Check your score:

This tool will help you calculate your score: [Express Entry Calculator](#)

Check out the scores from previous [invitation rounds](#)

Create your profile:

Prepare your [documents](#)

Log in to your [IRCC secure account](#)

For more information

[Express Entry](#)

[Express Entry for French-speaking skilled workers](#)

Permanent Residency Outside Quebec

Express Entry for French-Speaking Skilled Workers

You can get up to 50 extra points for your strong French language skills (even if French is your second language).

If you achieve CLB level 7 or higher for all four French language skills, you can receive:

25 additional points, if you have achieved CLB level 4 or lower in English (or if you have not taken an English test);

50 additional points, if you have achieved CLB level 5 or higher for all four English language skills.

Visit the [IRCC website](#)

Permanent Residency Outside Quebec

Three steps

Programs

Must meet the eligibility requirements of at least one program:

- CEC
- FSWP (67/100 pts)
- FTWP

Comprehensive Ranking System (CRS)

Points are awarded according to your socio-economic characteristics. Looking for individual with high Social Capital.

** Same as Arrima*

Invitation

You can be invited through one of the 3 programs or one of the 10 Category-based selections + your points.

Permanent Residency Outside Quebec

Categories based invitations:

- French-language proficiency
- Healthcare and social services occupations
- Science, Technology, Engineering and Math (STEM) occupations
- Trade occupations
- Education occupations
- Transport occupations
- Physicians with Canadian work experience
- Senior managers with Canadian work experience
- Researchers with Canadian work experience
- Skilled military recruits

Permanent Residency Outside Quebec

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- The results of a [recognized language test](#)
- If you do not yet have your degree from Université Laval, [the recognition of your diploma obtained abroad](#)
- Have evidence confirming that you have at least [one year of skilled employment in the last 10 years](#) (TEER 0,1,2 and 3) in your main occupation
- Have an [adequate amount of funds](#) to support yourself and your family members

GENERAL TIPS TO MAXIMIZE YOUR CHANCES OF OBTAINING PERMANENT RESIDENCY, WHETHER IN QUEBEC OR ELSEWHERE

- **French test:** A good score on the TEF or TCF Canada is often a decisive asset (PSTQ or Express Entry).
- **English test:** Taking a test will allow you to accumulate more points. IELTS General is valid for Express Entry
- **Gain professional experience:** Ideally outside the Montreal Metropolitan Community. Receiving a [validated Job Offer](#) could be an advantage for the PSTQ
- **Get your non-Canadian educational credentials ([ECA](#)) assessed:** Required for Express Entry.
- **Stay informed:** Immigration rules change frequently.
- Visit the [Université Laval immigration website](#) at any time

Programs for permanent residence always attribute points or choose candidates according to the following factors:

- Education (preferably Canadian/Quebec education)
- Work experience (preferably Canadian/Quebec experience)
- Field of expertise (Related to work markets needs: STEM, Health, Education, etc.)
- Language skills in an official Canadian language (preferably French)
- Age (preferably 20 to 30 yr old; more than 44 yr old, no points)

Université Laval IMMIGRATION website

You will find information on the procedures to become a permanent resident:

In Quebec: [Settling permanently in Quebec](#)

In a province other than Quebec: [Settle permanently in Canada \(in a province other than Quebec\)](#)

To consult the calendar of conferences offered by the Office of Student Life:

[Workshops and presentations](#)

**END OF STUDIES:
IMMIGRATION PROCEDURES
TO BE UNDERTAKEN**


Maintain a valid temporary status

If after completing your study program, you want to stay in Canada, you have different options:

Apply for a post-graduation work permit before your study permit expires

Extend your student status if you start a new program of study

Change your student status to a visitor status

 It is imperative that you always have a valid temporary resident status when living in Canada (temporary worker, international student, visitor)

Note that your study permit lapses on the date it expires or 90 days after you graduate (whichever comes first).

Maintain a valid temporary status

Do you want to work in Canada after completing your program of study?

The [post-graduation work permit](#) allows you to maintain a valid temporary status.

The validity period varies, normally 3 years for bachelor's, master's and doctoral students and 1 year for certificate and DESS students.

If you apply when your study permit is valid, you can start working immediately with no time limit.

Delivered only once in a lifetime.

For more information, you can visit our website: [Applying for post-graduation work permit](#) and attend the [Post-graduation work permit](#) information session

Policies and programs are subject to change at any time. Please refer to www.canada.ca/immigration for up-to-date information.

THIS DOCUMENT IS CURRENT AS OF APRIL 2026.

Any questions?

Bureau de la vie étudiante

<https://www.bve.ulaval.ca>

<https://www.ulaval.ca/en/international/immigration>

